

# September is National Preparedness Month

By September 15: Have a plan ready

- Gather supplies
- Know your school, work and medical provider's emergency plans
- Create family evacuation and shelter-in-place plan
- Communicate the plan to your family, friends and co-workers

By September 30: Run through plan with family

Practice, practice, practice!

[www.ready.gov](http://www.ready.gov)  
[www.hemophilia.org](http://www.hemophilia.org)

*"Plans are nothing,  
planning is everything"*  
– Dwight D. Eisenhower

PROGRAM PARTNER  
Centers for Disease Control  
and Prevention (CDC)



**NATIONAL HEMOPHILIA FOUNDATION**  
*for all bleeding and clotting disorders*